

أكاديمية قطر
للعلوم والتكنولوجيا
QATAR ACADEMY FOR
SCIENCE & TECHNOLOGY

عضو في مؤسسة قطر
Member of Qatar Foundation



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للعلوم والتكنولوجيا
QATAR ACADEMY FOR
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NEWSQAST

23 April 2020

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Director's Message

Dear Parents,

Ramadan Kareem!

We begin our new Ramadan schedule on Sunday, 25 April. For more details see Principal Sam's section below.

Please do complete and submit the QF PUE Parent survey sent to you by me via email last Monday, 20 April.

We are pleased to announce the PUE wide Ramadan Journey Booklet on Mercy (attached). The booklet guides students through 10 activities that explore the virtue of Mercy. After the first ten days, other booklets about Forgiveness and Emancipation will follow.

Students who complete the activities can submit their examples through a link that will be sent to you after each 10 day journey.

We are all so very excited to participate in these journeys!

Dr. Greg Moncada, Director QAST

RAMADAN KAREEM

Please join our daily recitals of the Qur'an

Join our daily recitals of the Qur'an

Dear parents,

Peace and mercy be upon you. We will, God willing, make a reciting of the Qur'an throughout Ramadan for students with teachers: Mr. Zayed, Mr. Idris, and Mr. Abdullah daily from 8.30 to 9.00 pm after Isha & Qyam prayer online (Qatar time) So if you agree to make your son/daughter join us please let us know in this form: <https://forms.gle/Cw52NtVmZuJu4BYr7>

أولياء الأمور الكرام
السلام عليكم والرحمة ،
كل عام أنتم بخير بمناسبة قرب حلول شهر رمضان الفضيل.

سوف نقوم بإذن الله تعالى بتلاوة القرآن طوال شهر رمضان مع الطلبة (الأولاد - الفتيات) بقيادة المعلمين : أ. زايد - أ.إدريس - أ. عبد الله يوميا من الساعة 8.30 : 9.00 بعد العشاء والقيام بتوقيت قطر ؛ في حال موافقة حضراتكم الرجاء الإرسال بالموافقة على النموذج التالي.

<https://forms.gle/Cw52NtVmZuJu4BYr7>

وأنا موجود لإجابة أية تساؤلات.

QAST without walls #LearningNeverStops

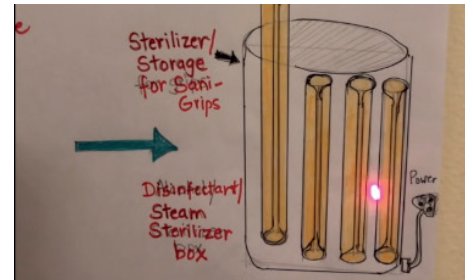
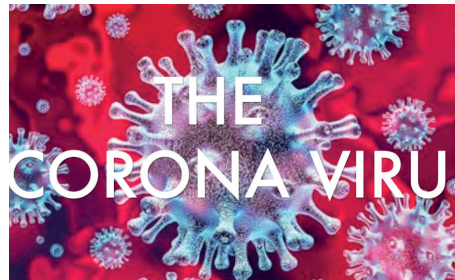


We have been overwhelmed by the incredible videos of work being sent to us this week from our students. Please head over to our YouTube channel to see what they have achieved! [VideoQAST](#).

We are uploading to the channel all the time, so be sure to subscribe to our channel to receive updates.

COVID-19 CRISP Project Update

Students have now finalised their solutions to the following question: "How can we reduce the chance of infections during our grocery trips?". Go to our YouTube channel to see their solutions.



Ramadan routines from our students

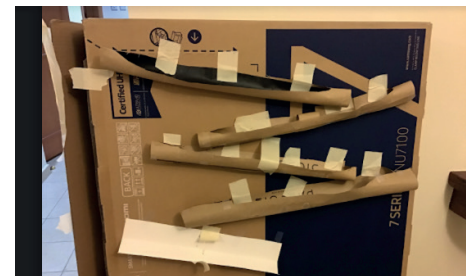
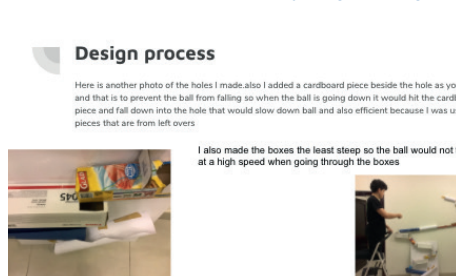
In Islamic class students have been producing video diaries to explain their daily routines during Ramadan. The videos are being uploaded to the [QAST YouTube Channel](#). Please head over to take a look at their fantastic work.



QAST's Weekly Engineering Challenge

Our students continue to achieve some great engineering solutions to the weekly challenges set by Mr Peter! Don't forget you can invite your friends and family to try out some of our challenges. All the instructions are on the school website:

www.qast.qa/en/News/Weekly-Engineering-Challenge.



College Prep for Grades 9 and 10

The college journey will continue, and as a warm reminder, the tasks have been assigned on the Cialfo platform. The expectation is that students take ownership and responsibility in managing and completing the tasks set in Cialfo. I recommend sitting with your teen to discuss the outcomes of the self-assessments because they all provide valuable information so, it is easier to choose career paths and potential colleges that they will add to

their long list. Here is the link: <https://qast.cialfo.co/signin>

I thank you for your partnership and participation in your child's college journey!

Sincerely
Mrs. Lisa



Principal's Message

QAST Parents

We will be hosting Virtual Parent-Teacher Conferences the week of 3 - 7 May. There will be several times available to meet with teachers.

1. All school available on 4 May, from 2 pm until 4 pm.
2. Individual teacher times will be available throughout the week.

We will send instructions on how to sign up for times to virtually meet with your children's teachers on 27 April. Sign-ups for times will be the first-come-first-served basis. We have never done a virtual parent meeting conference before like this, but we want to try. This will be an opportunity for you to seek any clarity around the academic progress of your child and the end of the school year.

Please be on the lookout for a message from me on 27 April about sign-ups. If you have any concerns or comments please reach out to me. Please stay safe and healthy.

Mr. Samuel Abrams
Principal, QAST

Ramadan Schedule:			
	Start	End	Length
Period 1	9:00	9:40	40
Period 2	9:45	10:25	40
Break	10:25	10:35	10
Period 3	10:40	11:20	40
Period 4	11:25	12:05	40
Break	12:05	12:15	10
Period 5	12:15	12:55	40
Period 6	13:00	13:40	40

Counselor's Message

Dearest Parents,

I hope that this email finds you well. As we continue to adapt to our new learning environments it is evident that new challenges arise. Therefore, I want to share some tips on how parents can help your teenager see the bigger picture during COVID-19. Teens are not made for isolation and social distancing and it is stressful for everyone and even harder on teens because socializing with friends is one of the top priorities.

Here are some tips that can help you and your teen during isolation:

1. Get teens involved in household duties. Encourage and set expectations for their participation. For example, have them assist in meal preparation, cleaning the home, and planning family fun activities.
2. Empower your teen to manage themselves, their own school work, and their other responsibilities. These are skills they must develop to be successful in college!
3. Ask questions when you are encouraging and empowering

them to do something. For example, ask questions instead of telling them what to do. My all-time favorite item is, "What's your plan?" As in: "What's your plan for getting some exercise today?" In trying this practice, it makes it clear that they are still in control of their behavior, and it helps put them in touch with their own motivations and intentions.

4. Acknowledge that all of this is challenging so practice empathy. Many students learning from home from school are experiencing significant losses right now. Their feelings of grief, anxiety, stress, and isolation are hard to cope with during this time. They have worries, unanswered questions, and concerns. I recommend that together with your teen, you sit, talk, listen, and support them through daily check-ins.

If there is anything you would like to discuss, please reach and my email is: eabidaoud@gast.qfschools.org.

Stay healthy and safe,
Mrs. Lisa

PUE - Ramadan Journey

Dear Parents,

The Academic Affairs Department of Pre-University Education is honored to launch a special initiative for the holy month of Ramadan called "Ramadan Journey" and dedicated to the Qatar Foundation Schools students' community. An electronic "Ramadan Journey" booklet was designed for this purpose. It includes thirty innovative Ramadan activities divided into three themes that reflect the values of the holy month, namely (mercy - forgiveness - emancipation), with the aim of offering our students various opportunities to explore the virtues and values of the Holy Month as follows:

- Each theme contains (10) various activities distributed over a period of (10) days, and the student must complete one activity each day, a total of thirty activities.
- All students' contributions must be submitted to the Islamic Studies teachers at the end of each theme as follows:
 - Mercy: 10 days from day 1 to 10 of Ramadan
 - Forgiveness: 10 days from day 11 to 20 of Ramadan
 - Emancipation: 10 days from day 21 to 30 Ramadan
- Accordingly, the corresponding link for the targeted activities will be sent in due course and you will be notified.
- The names of the participants and their accomplishments will be displayed on the social media platforms of each school, after completing each theme, with the aim of encouraging and motivating students.
- At the end of Ramadan, the Academic Affairs Department will grant electronic certificates of appreciation to students who have completed all the activities that spanned the holy month.
- You can refer to the Arabic version of the Mercy-themed Activities by clicking on the link: [Ramadan Journey-Mercy-Arabic](#)
- You can refer to the English version of the Mercy-themed Activities by clicking on the link: [Ramadan Journey-Mercy-English](#)

أولياء الأمور الكرام،

يسر قسم الشؤون الأكاديمية بالتعليم ما قبل الجامعي إطلاق مبادرة خاصة بشهر رمضان المبارك تحمل اسم "في رحاب رمضان" وموجهة لمجتمع طلاب مدارس مؤسسة قطر. ولهذه الغاية، تم تصميم كتيب "في رحاب رمضان" الإلكتروني الذي يتضمن ثلاثين نشاطًا رمضانيًا مبتكرًا تم تقسيمها إلى ثلاثة محاور تعكس قيم الشهر الفضيل ألا وهي (الرحمة- المغفرة- العتق من النار)، تهدف إلى مشاركة الطلاب فرص استكشاف فضائل الشهر الكريم وذلك على النحو التالي:

- يحتوي كل محور على (10) أنشطة متنوعة وموزعة على فترة (10) أيام، ويتوجب على الطالب تحقيق نشاط واحد كل يوم أي ما مجموعه ثلاثين نشاطًا.
- يتوجب تسليم مشاركات الطلاب لمعلمي التربية الإسلامية في نهاية كل محور على النحو التالي:
 - الرحمة: 10 أيام من 1 إلى 10 رمضان
 - المغفرة: 10 أيام من 11 إلى 20 رمضان
 - العتق من النار: 10 أيام من 21 إلى 30 رمضان
- وبناءً عليه، سيتم إرسال رابط المحور الخاص بالأنشطة المستهدفة في حينه وسيتم إخطاركم بذلك.
- سيتم عرض أسماء المشاركين وإنجازاتهم على منصات التواصل الاجتماعي الخاصة بكل مدرسة عقب الانتهاء من كل محور بهدف تشجيع وتحفيز الطلاب.
- مع نهاية الشهر الفضيل، سيتمنح قسم الشؤون الأكاديمية شهادات تقدير إلكترونية للطلاب الذين أكملوا جميع الأنشطة المحورية التي امتدت على مدار الشهر الفضيل.
- يمكن الرجوع إلى النسخة العربية من كتيب أنشطة المحور- الرحمة- عبر الضغط على الرابط: كتيب أنشطة المحور الأول: الرحمة - النسخة العربية أو
- يمكن الرجوع إلى النسخة الإنجليزية من كتيب أنشطة المحور الأول- الرحمة- عبر الضغط على الرابط: كتيب أنشطة المحور الأول: الرحمة - النسخة الإنجليزية
- تقبل الله طاعاتكم.

Let's connect!

We miss you!! Tag us in your day to day

Facebook: @QASTQF

Instagram: @QAST_QF

QAST Online

Contact Details



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